

'My lip product of choice'

Dr Sam Robson of Temple Medical Aesthetics describes her experience of using Stylage

What made you first decide to use Stylage?

Having tried most of the other popular fillers I was intrigued by this new one. The introduction of mannitol seemed to be so sensible and logical – if it could damp down the inflammatory response, meaning the product not only lasted longer but would also have less swelling after injection, then this could only be a good thing.

What specific aesthetic procedures do you use it for?

It is my lip product of choice. I have treated many of my staff with different fillers over the years and they *all* prefer the result, lack of downtime and comfort of Stylage. I have two main different types of lip treatments; either a lip definition or creating 'sweetheart lips', which have more volume and are more voluptuous. I also like to use hydromax in the tear troughs, while I have used the volumising products in the cheeks and temples (XL and XXL) as well as S/M/L in the other facial lines as required.

How long does it take to apply, and are there any side effects?

Not sure about the word 'apply' – it takes as long as it takes! I inject the product into the area, whether it is a line, restoring volume, filling lip, and it takes as long as it takes to be sure that I have done the best job possible. The typical side effects are bruising but this is much less if I use a cannula. Various patient factors come into it; how comfortable they are, what their time scale is, whether or not it is their first treatment ever or first with me, how many areas they are having treated etc. I allow an hour per client and if there is not enough time to consult and carry out all the intended treatment then we schedule another appointment. The most important factor is, having assessed that there are no reasons not to undertake treatment, that they are looking for the same end result as me.

Did its usage require any training?

Not specifically for Stylage but I think any new product or technique should be taught and practised before trying out on patients. I welcome heaps of training – there is always so much to learn both from watching and treating under supervision.



Before and after images of treatment using stylage



How do you find selling the treatment to patients?

I give patients the treatment options at their consultation and then tell them what product I want to use. I explain the benefits of this particular product (especially if they have not heard of it before) and show them some before and after pictures of my own work so that they can see what I can do. I explain the costs, procedure, likely downtime, follow up etc and then let them decide if they need time to consider or whether they wish to proceed with treatment. It's very straightforward really. The consultation lets me see if they are suitable to undergo treatment. If I don't think they are going to like what I am suggesting then I won't treat them. I have aborted a treatment just before sticking the needle in because it didn't feel like the right thing to do (doesn't happen often and means I end up wasting the product).

What do you feel are the main strengths of Stylage?

Lack of downtime, comfort, long-lasting, mannitol and lignocaine and being a HA.

What feedback are you getting back from patients who have undergone the treatment?

They love it and often come back asking for it by name.

Would you recommend the product to other dentists offering facial aesthetic care, and if so what specific treatments is it most suitable for?

Specifically I think it is a great product for lips. I also really like hydromax for tear troughs.

How important are dermal filler treatments to your business?

Very important. I assess each patient as holistically as possible and explain that all approaches are based on restoring health and seeing *ageing* as a disease in itself. Therefore by understanding how somebody has aged and then taking steps to address this, the results can be a striking recapturing of youth, so fillers restore volume, fill lines and give definition. In younger people fillers are used more to enhance beauty rather than to restore.

How long has Temple Medical Aesthetics been running and what are its future aims?

It has been running for the past three years with me working full-time. Before then it was a 'hobby' and a new skill that I'd started exploring in 2004. Since I went full-time it has evolved into a private medical clinic specialising in anti-ageing, problem skin and weight loss and body contouring. We are about to move into premises that are more than three times the size of our current location. This will enable real expansion of current services as well as giving us space to incorporate new treatments. The new premises will also feature a training academy.



For more information about Temple Medical Aesthetics, call 01224 869997 or visit www.templeaesthetics.co.uk. For more information about Stylage call 02380 676 733, email info@magroup.co.uk or visit www.magroup.co.uk.